

Rebekah MacKay



In my art, I delve into the intricate nuances of human emotions and life's dualities—a symphony of pain, joy, resilience, and vulnerability. Like pearls formed from grains of sand or diamonds shaped by pressure, my work transforms intangible feelings into tangible expressions. Each stroke, color, and texture becomes a conduit for a wordless dialogue, speaking the language of emotions that words fail to capture.

My process is a therapeutic celebration of the entire human experience—the highs, the lows, and everything in between. My pieces are personal narratives woven into a universal tapestry, unveiling concealed layers and connections. Through meticulous layering and a restrained palette infused with surprising elements, I blend depth into the mundane, capturing the lively essence and vibrancy of life.

Above all, I'm dedicated to feeling deeply, staying curious, and capturing the essence of what it truly means to be alive. I remind myself and others to embrace every aspect of life, from the ordinary to the remarkable.